



THE HAPPY CAMPER

Week 5

2026



HOWDY SESSION 3

Session 3 is here! Welcome to all of our new campers and welcome back to those who joined us for sessions 1 or 2! A huge thank you to all of our staff members for making sure all of our campers have had a fun and safe start to the summer - even when the weather isn't cooperating!

We are so excited for our Four Square Tournament at Field starting Tuesday! Campers will have a chance to show their skills on the court! We can't wait to see who the winner is!

The A La Mode Ice Cream truck will make it's final appearance of the summer on Wednesday. This is an optional activity - CASH ONLY. If your camper would like to purchase ice cream all money should be sent to camp in a labelled bag or envelope with the order form prefilled. Please head to the website to [view price list and order form](#)

July 31st is fast approaching! This Friday is Summerween at NSDC! Campers are invited to come dressed in their favorite costumes. Please leave masks, props, and fake weapons at home. Get ready for a frightfully fun day filled with themed games, creepy crafts, and plenty of silly scares!

Color Wars is fast approaching - please make sure to check the back page for teams and some information from our Aquatics Director!

WHAT'S COMING UP? Next Week's Big Events:



Monday *First Day of Session 3*
Welcome to our new campers and welcome back to returning!



Tuesday *Four Square Tournament*
Get ready to square off a great day at Field!



Wednesday *Ice Cream Truck*
A La Mode ice cream truck visiting at lunch (optional activity)
[View price list and order form](#)



Thursday *Minute to Win It Challenge*
How fast can you complete these STEM challenges!



Friday *Summerween*
Show your spooky side! It's Halloween in July!



THE DIRECTOR'S CABIN

A NOTE FROM OUR AQUATICS DIRECTOR, ASHLEY



Dear Camp Families,

Can you believe we're already down to our last session of camp! The weeks have been flying by and at the pool we've been making the most of these warm July days (despite some crazy weather thrown in!) One of my highlights of camp year in and year out continues to be seeing campers playing with their friends and counselors in the pool, building their confidence in their swimming ability, and simply having fun together.

With our final session starting Monday I thought it would be a great time to remind everyone of the swim test expectations for NEW campers (campers who have already been to camp this year do not need to retest). Prior to pool time on each camper's first day they will complete a swim test so they can be placed in the section of the pool that best matches their current swimming ability. The swim test consists of swimming on your front without stopping and then treading water. The distance and time will vary by section. If your camper is hoping to move up to the next swim band they're welcome to retest on any regular pool day that their group arrives early to the pool (Tue, Weds, Thurs). It's been so exciting to watch campers practice their skills, gain confidence, and celebrate reaching new swimming goals! You can find more information about our swim bands, swim testing, and pool procedures in the [Parent Handbook](#).

To help keep your camper comfy and cozy outside of the pool, please make sure to send your camper with a towel every day as well as a change of clothes. If they'd like to wear sandals to and from the pool, they're welcome to bring those as well. Just remember that sandals are only permitted in the pool and lake areas and sneakers should be worn everywhere else around camp to help keep everyone safe and ready for their daily adventures.

I can't wait to see what the rest of the summer has in store!

COLOR WARS AT NSDC IS SUPER!

We are thrilled to announce this year's Color Wars theme: **Superheroes!**

This summer, campers will compete on one of three incredible teams:

● Blue Avengers ●

Chipmunks, Foxes, Falcons

● Red Incredibles ●

Tadpoles, Bears, CITs

● Green Ninja Turtles ●

Frogs, Eagles, Hawks

Throughout the week, campers will earn points for their teams by showing outstanding sportsmanship, teamwork, camp spirit, and participation in activities across camp. The excitement all leads up to our camp-wide Color Wars Relay on Thursday, August 6th, where teams will race to earn valuable points. We'll wrap up the competition during our Color Wars Closing Ceremony on Friday, August 7th, when we announce the winning team, and recognize the incredible spirit shown throughout the week!

Get ready to wear your team colors on Thursday August 6th, cheer each other on, and make this year's Superhero Color Wars one to remember!

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